

## TRANSITION CHECKLIST FOR FAMILIES

Check off items completed to date:

### Age 14

- ☐ Explore future independent living and vocational goals.
- ☐ Register for services with Developmental Disabilities, if appropriate (through Health and Human Services).
- ☐ Obtain Social Security card if not done previously.
- ☐ Understand transition and what that means for your child.
- ☐ Review transition planning at all IEP meetings.
- ☐ Explore career options.
- ☐ Sample various job opportunities provided by the school.
- ☐ Determine recreation and leisure interests and strengths and needs.
- ☐ Identify independent living and self care needs on the IEP.

### Age 15

- ☐ Begin identifying appropriate adult agencies in the community.
- ☐ Sign releases for referral to appropriate agencies at least annually at IEP meetings.
- ☐ Obtain driver permit or State ID as appropriate.
- ☐ Evaluate for vocational and related skills and interests.
- ☐ Review and update the transition plan.

### Age 16

- ☐ Obtain driver's license, if appropriate.
- ☐ Sign releases for referral to appropriate agencies at least annually at IEP meetings.
- ☐ Explore part-time and summer employment options, if appropriate.
- ☐ Begin job training in community sites or school vocational programs.
- ☐ Refer to Vocational Rehabilitation or other appropriate agencies.
- ☐ Check with an attorney about guardianship, estate planning or a special needs trust.
- ☐ Check progress toward credits needed for graduation and determine appropriate services and graduation age.
- ☐ Review and update the transition plan.

### Age 17

- ☐ Take college entrance exams and complete applications, if appropriate.
- ☐ Sign releases for referral to appropriate agencies at least annually at IEP meetings.
- ☐ Apply for SSI in birth month and Medicaid two month prior to 18<sup>th</sup> birthday, if appropriate.
- ☐ Make graduation plans or certificate of completion and attendance if appropriate.
- ☐ Plan for transition vocational training after graduation, through the school, if appropriate.
- ☐ Prevent surprises by knowing when graduation is and what services will be in place at that time.
- ☐ Check progress toward credits needed for graduation and determine appropriate services and graduation age.
- ☐ Check health insurance needs if leaving school and not entering an 18-21 program.
- ☐ Discuss employment options or additional education training options.
- ☐ Review and update the transition plan.

### Age 18 +

- ☐ Sign releases for referral to appropriate agencies at least annually at IEP meetings.
- ☐ Gather information, review and identify necessary services, including transportation.
- ☐ Arrange to meet or tour adult service agencies and select appropriate service providers, confirm status.
- ☐ Review and update the transition plan.